



CANADIAN OPTIMIST
DINGHY ASSOCIATION
ASSOCIATION CANADIENNE
DE VOILE EN OPTIMIST



CODA HP SKILLS CLINIC



Warm-Up for the 2023 race season with the pros!

JULY 15TH-16TH / 9 AM TO 4 PM

PORT CREDIT YACHT CLUB

Fees: \$100* pp for sailors

*Sailors must be CODA (Canadian Optimist Dinghy Association) Class members in good standing

Charters are available; Availability is limited

Registration information on the CODA website www.optican.org

Questions?: PCYC HP Coach Federico Donzino, fdonzino@pcyc.net

CLINIC PROGRAM

Day 1: Sailor Development

Day 2: Race Techniques

Time: 9am-4pm

OPTIMIST HP SKILLS CLINIC JULY 15 & 16



Representatives from the Opti Class and Ontario Sailing are teaming up and sending their best to Coach this skills clinic. The sailing venue is Port Credit Yacht Club, on Lake Ontario. It is a world-class venue that offers some of the best sailing conditions available.

Sailors should be "Championship Fleet" skill level. The clinic will be multi-level and coaches will match participation.

With high quality coaching and welcoming hospitality the clinic is sure to be an excellent addition to the calendar.

Sailors should bring their own boat*. Meals are not included.

**Charters are available in very limited numbers, subject to availability.*

Please email learntosail@pcyc.net to inquire about a charter.

There is a cap on total participants in place to keep the ratio safe and effective. Registration opens 12 noon EST on 1 May 202

To register, please visit www.optican.org

Questions?: Contact Federico Donzino, fdonzino@pcyc.net



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