



CANADIAN OPTIMIST DINGHY ASSOCIATION

ASSOCIATION CANADIENNE DE VOILE EN OPTIMIST

**2017 Annual General Meeting**

**August 24<sup>th</sup>, 2017**

**Royal Nova Scotia Yacht  
Squadron**



# 2017 Agenda

- \* Welcome to 2017 AGM
- \* Quorum
- \* Minutes from 2016 AGM in Toronto/Business from those minutes
- \* Reports from the Executive
- \* 2018 CODC proposals
- \* Nominations for 2018 CODA Board
- \* New/Other Business



# President's Report

- \* Opening Remarks – What is the basic mandate of CODA?
  - \* Promote sailing and racing of Opti's in Canada
  - \* Relate to IODA/Sail Canada
  - \* Protect the class' integrity
  - \* Sanction National, provincial and regional regattas
  - \* Select representatives for International Events
  - \* Ensure the Canadian Championship is held annually and according to IODA standards



# 2017 Review

- \* 2017 Opti NAM held by RCYC
- \* An amazing number of clinics were held regionally including collaboration among the regions -- this was a big success
- \* CODA was incorporated as Canadian non-profit
- \* International teams are moving up the rankings
- \* Generally good energy and momentum across the country. Encouraging.



# International Teams Report- 2017 Events

- \* IODA South American – Paraguay(0)
- \* IODA North Americans – Toronto, Canada (30)
- \* IODA Worlds – Thailand (5)
- \* IODA Europeans – Bulgaria (0)



# 2018 – Looking Ahead

- \* 2018 Goals:

- \* Continue to drive collaborative clinics for coaches and sailors. We want people out of their “silos” and sharing knowledge and opportunities! Invite others to join in on your plans and training.
- \* Focus on green fleet and driving the “top of the funnel”
- \* International Teams; CODA will continue to improve the planning and organization around Intl team formation. We plan to be even more involved in 2018.
- \* Leverage our new relationship with Windathletes.ca - donations to the class can now be funneled back to the sailors/coaches through CODA. Much more interesting for sponsors wanting to help develop our upcoming sailors
- \* Remind the community is about having FUN and the kids!!



# 2018 IODA International Events

## 2018 Event Locations

South Americans March 23 -31

Europeans June 22 -30

North Americans June 22 -July 1

Worlds August 27 -Sept 6

Uruguay

Netherlands

Mexico

Cyprus



# Membership by Region

Region	2017	2016	2015	2014
West	20	40	35	12
Ontario	90	86	70	48
Quebec	51	39	31	29
East	43	35	36	40
Foreign	5	1	1	2
Total	210	201	173	131





# Gender by Region

Region	Male	Female	Total
West	17	3	20
Ontario	58	32	90
Quebec	38	13	51
East	32	11	43
Foreign	4	1	5
Total	150	60	210

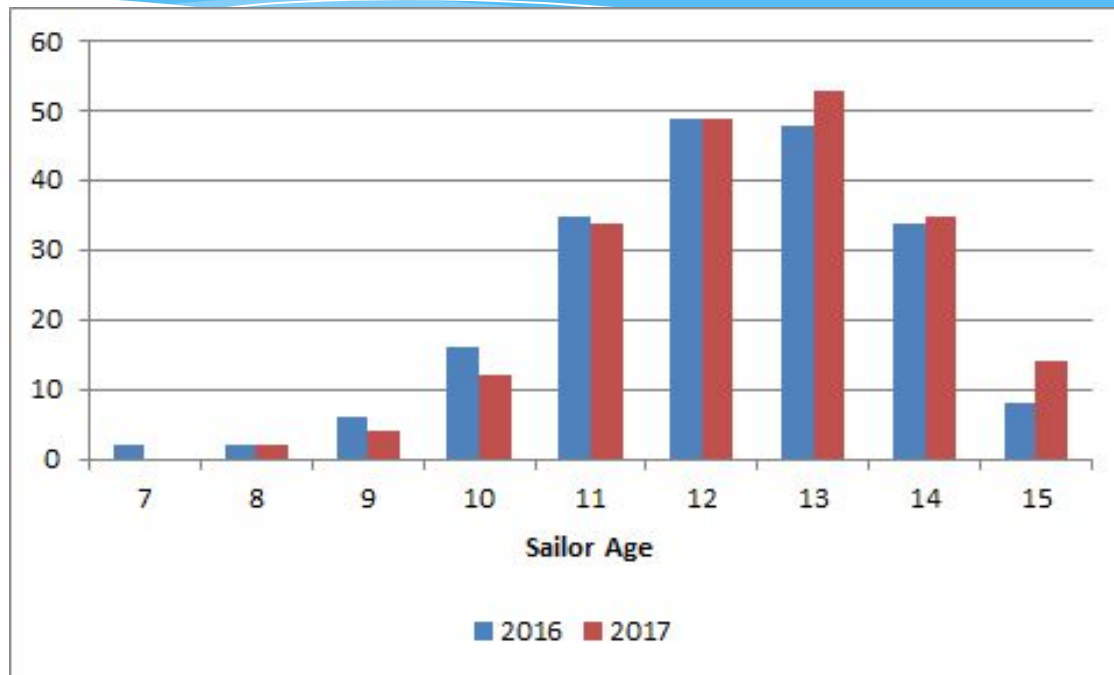


# Membership by Gender

Year	Male	Female	Total
2013	85	34	119
2014	89	42	131
2015	125	48	173
2016	148	53	201
2017	150	60	210



# Membership Age Distribution





# Treasurer's Report

	2017*	2016
Revenue	\$ 7,192	\$ 8,383
Expenses	10,374	8,720
Net Operating Income	(\$ 3,182)	(\$ 337)

\*as of August 18, 2017



# Expenses

	2017*	2016
Expenses:		
- Promotional items	\$ 5,226	\$ 6,256
- Coach Dev. & Sailor Clinics	3,815	1,127
- Website	690	690
- Membership fees	611	642
- Bank fees & misc	32	5
	\$ 10,374	\$ 8,720

\*as of August 18, 2017



# Class Development Officer Report

## Class Development Initiatives

2013: Green Fleet Guidelines

2014: Green Fleet Participation Medals

2016: CODA Opti Sailor and Coach Development Plan presented at AGM

2016: Commitment towards Canadian coaches at IODA events

2017: Increased CODA funding for Coach Development and Opti Sailor Clinics

2018: Coaches Development and awareness & Sailor's exposure to high level events



# Class Development Officer Report

## **CODA Optimist Sailor Development Pathway**

- \* **Multiple regional CODA Clinics for Sailors and Coaches**
- \* **Regions joining forces for Winter Training Opportunities**
- \* **Expand International exposure to top sailors outside IODA events**
- \* **Trying to develop Coach driven programs supported by clubs and parents**



# Provincial Report - Atlantic

## Highlights

- \* Stable number of opti sailors in the region.
- \* Well established circuit for mainland NS, ARK, Baywind, OptiJam, SailFest, Bamse, Squadron Triple
- \* Cape Breton – Circuit with increasing participation
- \* NewBrunswick circuit (Sail East '17; 19 sailors)
- \* PEI regatta (Sail East '16; 34 sailors)
- \* **Increased participation in shoulder seasons**
- \* **Clear pathway for opti sailors to single- and double- handed classes.**
- \* **CODA Canadian Nationals at RNSYS**







# Provincial Report - Atlantic

## Winter Sailing/ Training Clinics

- \* Nov. Bermuda Nationals, Royal Dockyard, Bermuda
- \* Nov. USODA Midwinters, New Orleans, LA
- \* Dec. Orange Bowl at CRYC, Miami, FL
- \* Feb. Valentine's Day, St.PYC, FL
- \* Mar. March Break Camp at US Sailing Center, Miami
- \* Mar. Sunshine State Champs at US Sailing Center, Jensen Beach
- \* Apr. Lake Garda meeting, Garda, ITA
- \* June –Coast Clinic at RNSYS (38 sailors and 21 coaches)





# Provincial Report- Quebec

## Highlights :

Now Three CODA tent pole clinics/regattas;

June Coaches/Sailor Clinic @ CVDM. 50 sailors/15 coaches (?)

TRY Regatta; Clini-Regatta.

Fruit Bowl; HYC Clini-Regatta.

Spring and Fall training at most Montreal areas clubs, but room to improve participation.

New Provincial Rep begins in 2018; Natacha Brunet.



# Provincial Report - Ontario

## Highlights

- \* OptiNAM was a great success for the province and Canada with 178 sailors participating from 20 countries





# Provincial Report - Ontario

## Training Clinics

**2 well attended clinics took place - 1 in May and 1 in June**



# Provincial Report- British Columbia

## Highlights

- \* We continue to be closely aligned to the Provincial Sailing Association
- \* BC Sailing Circuit has 11 events, 10 of which include Optimist Racing (1 team)
- \* Red & Blue - 60 Sailors Registered for at least 1 event this year (30 active)
- \* White - 21 Sailor Registered for at least 1 event this year (10 Active)
- \* Green - 25 Sailors at Regattas another 15-20 in training

Total having paid class dues in 2017 = 20 (down by 20!!)





# Provincial Report- British Columbia

## Training Clinics

### Joint Camps

Easter Camp

Opti Heavy Weather – San Fran

Remembrance Day Camp

Christmas Camp

### Coach Development

Coaching the coaches - CODA Funding





# CODC Hosts

Year	Region	Club
2017	East	Royal Nova Scotia YS
2016	Central (ON)	Ashbridges Bay YC
2015	West	West Van & Squamish YCs
2014	East	Lunenburg YC
2013	Central (QC)	Royal St. Lawrence YC
2012	West	Royal Vancouver YC
2011	East	Lunenburg YC
2010	Central (ON)	Royal Hamilton YC



# 2018 Canadian Optimist Championships

- \* The BC Region will now present a bid proposal to host the 2018 Canadian Optimist Championships in Squamish





# Nomination and Election of Officers

- \* The following are proposed by the Executive or by the Provinces as required by the Constitution:

**2017 - 2018**

- \* President – Tony Staples
- \* CDO – Flor Siccardi
- \* Treasurer – Fraser Howell
- \* Registrar – Lisa Shishis
- \* Secretary – TBD
- \* Class Measurer – Tine Moberg Parker
- \* BC Rep - Paul Mendham
- \* NS Rep – Katrin Heidenreich
- \* Ontario Rep – Lisa Davies (West)/Lisa Shishis (Eastern)
- \* Quebec Rep – Natacha Brunet



# New Business



# CANADIAN OPTIMIST DINGHY ASSOCIATION ASSOCIATION CANADIENNE DE VOILE EN OPTIMIST



\* See you next year in



# Appendix



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# CODA Opti Sailor and Coach Development Plan

Goal: Create a **Pathway for the Opti Sailors** and an **Opti Coach Development Program** which provides systems and strategies to improve the level of our sailors and the advancement of our Canadian coaches.

# Opti Sailing Development Pathway



**BC Sailing Association**



Strong Optimist Yacht Clubs programs  
CODA training clinics for coaches and sailors in  
conjunction with local regattas



## Provincial Association

Clear Pathway with identified levels. (Green fleet, Learn to race,  
Yacht Club Racing Team, Development Team, National Team)



## Sail Canada

Sail Canada's vision includes a strategic development pathway  
starting at Opti level towards Youth sailing.

## Sailor Development Pathway

“Provide opportunities to young Opti sailors to develop their racing talent on a clearly defined path.”

- **Opti Sailor Development**
- **Sailors know where they stand and what next level represents**
  - CODA Coaching the coaches and Opti Sailor Development clinic at local and regional events
  - SailCan instructor courses to include Optimist skills sets.
- Clearly articulate pathway seamlessly from Opti to Youth sailing
- Coaches
  - and regional reps engage with provincial associations in order to align and integrate pathway
- Develop Coaching Expertise and reward excellence







# Coach's Corner

## Coach Development

- Athletes development and results are dependent on a coach driven system.
- Coach clinics at local and major events.
- Coach mentoring program. (SailCan, Provincial and regional level)
- CODA grants for coach development.
- Commitment to Canadian Certified Coaches at IODA events.





# CODA International Teams

“A coach driven program where exposure matches readiness of sailor”



- **National Team Sailors – top 10**
- **Development Team Sailors – top 40**
- **Yacht Club Racing Teams**
- **Learn to Race**
- **Green Fleet**





# CODA Opti Coaches Pathway

‘structure where knowledge is shared, mentoring is available and excellence is rewarded’

Free CODA  
membership  
to all coaches

Regional  
coach reps act  
as mentors to  
YC

Coach Liaison  
reports to  
CODA exec.

High  
Performance  
Coach Mentor  
(SailCan  
development  
coach)

Coaches  
committee  
advisory role  
to  
International  
Team  
Committee

