

CANADIAN OPTIMIST DINGHY ASSOCIATION ASSOCIATION CANADIENNE DE VOILE EN OPTIMIST

2016 Annual General Meeting August 21st, 2016 **Ashbridges BayYacht Club** Camacian Acad SGPHOTO.COM



2016 Agenda

- * Welcome to 2016 AGM
- * Quorum
- * Minutes from 2015 AGM in Vancouver/Business from those minutes
- * Reports from the Officers
- * 2017 CODC proposals
- Nominations for 2017 CODA Board
- * New/Other Business



President's Report

- * Opening Remarks What is the basic mandate of CODA?
 - * Promote the sailing and racing of Opti's in Canada
 - * Relate to IODA/Sail Canada
 - * Protect the class' integrity
 - * Sanction National, provincial and regional regattas
 - Select national representatives for Intl Events
 - * Ensure the Canadian Championship is held annually and according to IODA standards



2016 Review

- * CODA added a non voting member to the Board "Coach Representative" (Flor)
- * CODA board feels that our role is best served in supporting grass roots development—namely sponsoring coaching clinics. 2016 was first experience and there was good feedback. 2017 planning underway.
- * Intl teams were well represented. Full teams to all four majors (SUD/NAM/EUROs/Worlds). Some outstanding individual performances. But we as a country have room to improve. Continue to promote Canadian coaches at Intl events.



2017 – Looking Ahead

* 2017 Goals:

- Develop a long term plan for the class
- * Continue to shepherd and protect the class and ensure it continues to function with integrity and openness.
- Continue to focus on our Canadian coaching talent and development clinics for young coaches regionally—develop strong regional clinic/regatta circuits (West/Central/East)
- * Drive membership (T-Shirt!) and branding/promotion of the class through our regional reps.
- * Improve communication and sharing of best practices nationally
- Safety a need to train everyone to better standards (as a community)
- * CODA legal structure; exploring incorporating CODA as nonprofit. Committee has been formed.
- * Remind the community is about having FUN and the kids!!



Membership by Region

Region	2016	2015	2014
West	40	35	12
Ontario	86	70	48
Quebec	39	31	29
East	35	36	40
Foreign	1	1	2
Total	201	173	131

^{* *** 84} New Members in 2016***



Members by Region

Region	Male	Female	Total
West	34	6	40
Ontario	61	25	86
Quebec	31	8	39
East	21	14	35
Foreign	1	0	1
Total	148	53	201

CODA 2016 AGM 7 August 21, 2016



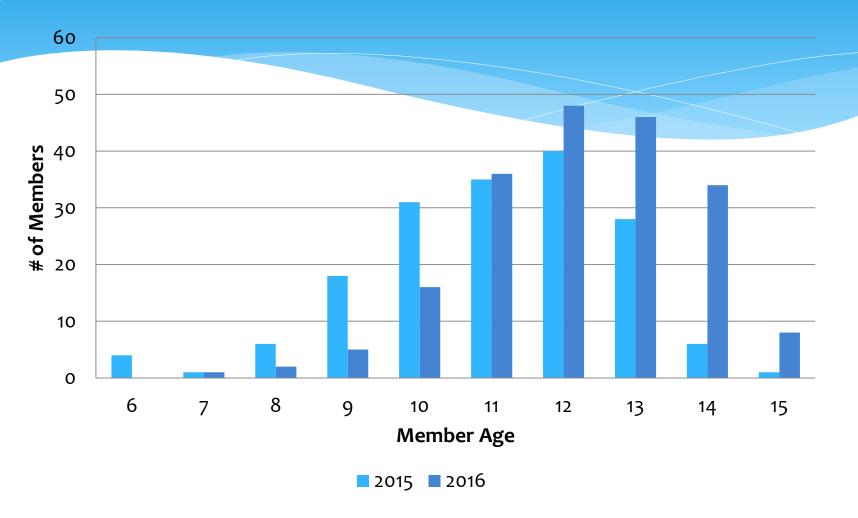
Membership by Gender

Year	Male	Female	Total
2013	85	34	119
2014	89	42	131
2015	125	48	173
2016	148	53	201

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Membership Age Distribution





Treasurer's Report

	2016*	2015
Revenue	\$ 8,383	\$ 7,174
Expenses	8,720	6,842
Net Operating Income	(\$ 337)	\$ 332

^{*}as of August 16, 2016



Revenue

	2016*	2015
Revenue:		
- Annual dues & levys	\$ 7,863	\$ 6,775
- Sponsorship	500	400
- Interest	20	19
	\$ 8,383	\$ 7 , 174

^{*}as of August 16, 2016



Expenses

	2016*	2015
Expenses:		
- Promotional items	\$ 7,383	\$ 5,323
- Website	690	690
- Membership fees	642	567
- Bank fees & misc	5	261
	\$ 8,720	\$ 6,842

^{*}as of August 16, 2016



Financial Position

\$ 12,278

Cash-on-hand

Receivables 2,192

Total Assets \$ 14,470

Liabilities none



Class Development Officer Report

2016 CODA Sailor and Coach Development Pathway

- * Optimist Athlete Development Pathway that ties into Provincial Sport Federation Models and the Canadian Athlete Development Model
- * Work with Sail Canada to include Optimist specific skills in CAN Sail instructor courses
- * Strong Regional Opti Clinic and Regatta Circuit
- * Winter Training Opportunities
- * Expand US / International exposure to top sailors
- * Coach driven program based on readiness



Class Development Officer Report

Coach Development

- Foster development of Canadian Optimist Coaches
- * Talented Canadian Coaches given opportunity to become World Class
- Coach the coaches clinics at regional level
- Commitment to have Canadian Certified Coaches at all IODA events
- Invite expert coaches to coach these clinics
- CODA grants for coaches



Class Development Officer Report

2017 Objectives:

- Continue to support Opti coach/sailor clinics prior to major regional events. Build on 2016 success!
- Continue to develop Canadian Opti coaches international expertise
- Consolidate winter clinics and training opportunities
- Expand regatta opportunities outside IODA events
- Develop a Talent Database: characterise our sailors and follow their progress towards youth sailing



Green Fleet

- * There is continued widespread use of Green Fleet Guidelines. Results are listed alphabetically, but individual positions in each race so sailors can see how they are doing.
- * Different clubs still like to recognize success in this fleet, however, ranging acknowledging individual first place race finishes, to sportsmanship, etc.
- * Green fleet participation medals are given to all competitors



Provincial Report - Atlantic

Highlights

- * Increased number of opti sailors in the region, expanding our reach to PEI and NF.
- * NYC in Cape Breton Full summer opti program
- Ben Eoin, in Cape Breton new opti fleet (10 boats)
- Participation across the region grew 5-10% over
 2015
- Clear pathway for opti sailors skills transfer from Opti to Laser and 420.
- * Between 50-60 RWB sailors
- Green fleet is growing: 70-80 sailors across the region
- * The NS Provincials record attendance in 2015 with over 50 opti sailors and the goal for 2016 is 60





Provincial Report - Atlantic

Regattas – Provincial Circuit

Sp	oring	Location	Championship	Green
*	Spring Dinghy Regatta	RNSYS	22	
*	COAST CLINIC	RNSYS	38	
_				
St	ımmer			
*	Ark Regatta	BBYC	42	12
*	The Bay Wind Regatta	SMSC	49	
*	Sail East	Charlottetown, PEI	45	
*	Sail Fest	LYC	30	
*	SBYC Dinghy Regatta	Shediac, NB	18	
*	Opti Jam	CYC	63	27
*	Baddeck Race Week	Bras D'Or YC	18	
*	Kennedy Cup	RNSYS		

Fall

*	NS Provincial Championship	HSC
*	Fall Dinghy Regatta	RNSYS



Provincial Report - Atlantic

Winter Sailing/ Training Clinics

- December Orange Bowl regatta at CRYC,
 Miami
- March March Break Camp at US Sailing Center, Miami
- * March Sunshine State Championships at KBYC, Miami
- * April Clearwater / Sarasota Training Camp
- June –Coast Clinic at RNSYS (38 sailors and 21 coaches)





Provincial Report-Quebec

Highlights: Coach the coaches

Reaching out to all yacht club coaches in Quebec to assess needs for coaching and sailors TRY: 2 coaches lead the clinic. 35 sailors in championship and 12 greens Sail Central: 38 sailors in championships and 15 greens.

Post season assessmentCoach feedback.





August 21, 2016 CODA 2016 AGM

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Provincial Report- Quebec

Regattas

Event* March Camp

- Spring Camp
- * C1
- * TRY-CODA clinic 1
- * C3
- * Sail Central-CODA clinic 2
- * Quebec Champs
- * Fall Camp

Championship	Green
16	
12	2
28	19
ing)	
21	5
38	15
ing)	
TBD	
	16 12 28 ing) 21 38 ing)







Provincial Report-Quebec

Training Clinics

- * Optimist camp during March break.
- * Spring coach the coaches camp.
- * Sail Canada drill/toll book.
- * Continue to support CODA clinics at TRY and Sail Central.
- * High performance camp depending on coaches request.







Provincial Report-British Columbia

Highlights

Green Fleet – Very strong this year (35) up from 25 White Fleet – Shortage of first year (15) up from 5

Blue Fleet – Very strong and very competitive (41) up from 15 Red Fleet – Several older kids moves to 29er (22) up from 20

Total having paid class dues in 2016 = 40





Provincial Report-British Columbia

Regattas

April 23/25 – Kitten Cup – Royal Van YC
May 7/8 – Spring Dinghies – Royal Vic YC
May 21/22 – Springtime Regatta – COSA
June 15/19 – Opti Heavy Weather – St Francis YC
July 1/2 – Waves – Royal Van YC
July 9/10 – BC Champions – Squamish YC
Aug 6-7 – Comox Regatta - CYC
Aug 20/21 – Whistler – Whistler Sailing Assoc
Sept 17/18 – Rocky Point – RPSA
Sept 24/25 – Fall Dinghies – Royal Vic YC
Oct 15/16 – Pumpkin Bowl – West Van YC







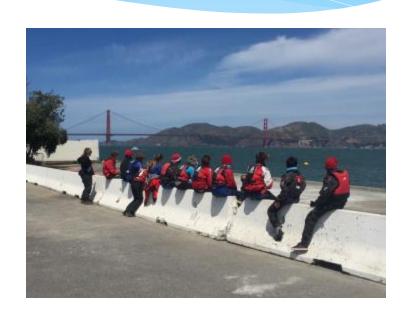
Provincial Report-British Columbia

Training Clinics

Joint Camps

Easter Camp Opti Heavy Weather – San Fran Remembrance Day Camp

Christmas Camp



Coach Development

CODA Provincial Funds spent on training coaches from smaller club



Provincial Report - Ontario

Highlights

- * New race teams developing outside of the Greater Toronto Area Bay of Quinte, Ottawa, Bronte
- * Code of Conduct for both sailors, parents and coaches developed.
- * Increased visibility working
- * Good momentum
- Working on incorporation to enable the possibility of sponsorship
- * Participation at each regatta is higher
- * CODA t-shirts are still coveted.
- Green Fleet medals still awarded, new ideas welcome
- * Continue to promote Opti Girls program
- * Thank you to ABYC for hosting Canadians





Provincial Report - Ontario

Regattas

Event	Location	Championship	Green
 Lilac Regatta 	RHYC	35	
* RCYC Open	RCYC	34	8
Fogh Boorman	RHYC	36	23
* Steerer's	PCYC	45	21
Four Sisters	PCYC	39	19
 National Capital Reg 	atta Brittania	10	13
* BQYC Clinic & Regati	ta	7	
 CORK International 	Kingston	127	34
* Canadians	ABYC	105	27
Cornish Hen	RHYC	TBD	

^{*} Fall Cork - Ontario Optimist Championships



Provincial Report - Ontario

Training Clinics

The goal of each clinic is to bring together the sailors in the area and provide high-level coaching as well as introduce race-ready sailors to race tactics. Participation from area coaches was encouraged. In addition to the sailors' debrief there is a coaches' debrief daily.

Six clinics were scheduled

- * RCYC, PCYC, BQYC, ABYC and Fall Cork
- Over 100 Sailors and 13 Coaches participated



CODC Hosts

Year	Region	Club
2016	Central (ON)	Ashbridges Bay YC
2015	West	West Van & Squamish YCs
2014	East	Lunenburg YC
2013	Central (QC)	Royal St. Lawrence YC
2012	West	Royal Vancouver YC
2011	East	Lunenburg YC
2010	Central (ON)	Royal Hamilton YC
2009	West	Royal Victoria YC
2008	East	Lunenburg YC



International Teams Report-2016 Events

- * IODA South American Salinas, Ecuador(6)
- * IODA Worlds Vilamoura, Portugal (5)
- * IODA North Americans English Harbour, Antigua (9)
- * IODA Europeans Crotone, Italy (5)



2017 IODA International Events

2017 Event Locations

South Americans

Worlds

Europeans

North Americans

April 22-May 1

July 10-21

July 30-August 6

Paraguay

Thailand

Bulgaria

TBA



2017 Canadian Optimist Championships

- * Atlantic Canada
- Presentation by RNSYS Katrin Heidenreich
- * Presentation by LYC Rob Barbara



Nomination and Election of Officers

* The following are proposed by the executive or by the Provinces as required by the Constitution:

2016 - 2017

- President Tony Staples
- * CDO Marc Robin
- * Treasurer Fraser Howell
- Registrar Lisa Shishis
- * Secretary Lisa Davies
- Class Measurer Tine Moberg Parker
- * BC Rep Paul Mendham
- * NS Rep Katrin Heidenreich
- Ontario Rep Kimberly Cudney
- * Quebec Rep Christine Musiejczyk



New Business

CODA 2016 AGM 35 August 21, 2016



CANADIAN OPTIMIST DINGHY ASSOCIATION ASSOCIATION CANADIENNE DE VOILE EN OPTIMIST



- * Thank you for your participation
- * See you next year in Nova Scotia!



Appendix

CODA 2016 AGM August 21, 2016



CANADIAN OPTIMIST DINGHY ASSOCIATION ASSOCIATION CANADIENNE DE VOILE EN OPTIMIST

CODA Opti Sailor and Coach Development Plan

Goal: Create a Pathway for the Opti Sailors and an Opti Coach Development Program which provides systems and strategies to improve the level of our sailors and the advancement of our Canadian coaches.









Opti Sailor Development Pathway

Strong Optimist Yacht Clubs programs

CODA training clinics for coaches and sailors in conjunction with local regattas

Provincial Association

Clear Pathway with identified levels. (Green fleet, Learn to race, Yacht Club Racing Team, Development Team, National Team)

Sail Canada

Sail Canada's vision includes a strategic development pathway starting at Opti level towards Youth sailing.

Sailor Development

Pathway

"Provide opportunities to young Opti sailors to develop their racing talent on a clearly defined path."

CODA Coaching the coaches and Opti Sailor Development clinic at local and regional events

SailCan instructor courses to include Optimist skills sets.

Clearly articulate pathway seamlessly from Opti to Youth sailing

Coaches

and regional reps
engage with
provincial
associations in
order to align
and integrate
pathway

Develop
Coaching
Expertise and
reward
excellence

Sailors know where they stand and what next level represents

Opti Sailor Development Sailors know



Coach's Corner Coach Development

Athletes
development and
results are
dependent on a
coach driven
system.

Commitment to Canadian Certified Coaches at IODA events.

Coach clinics at local and major events.

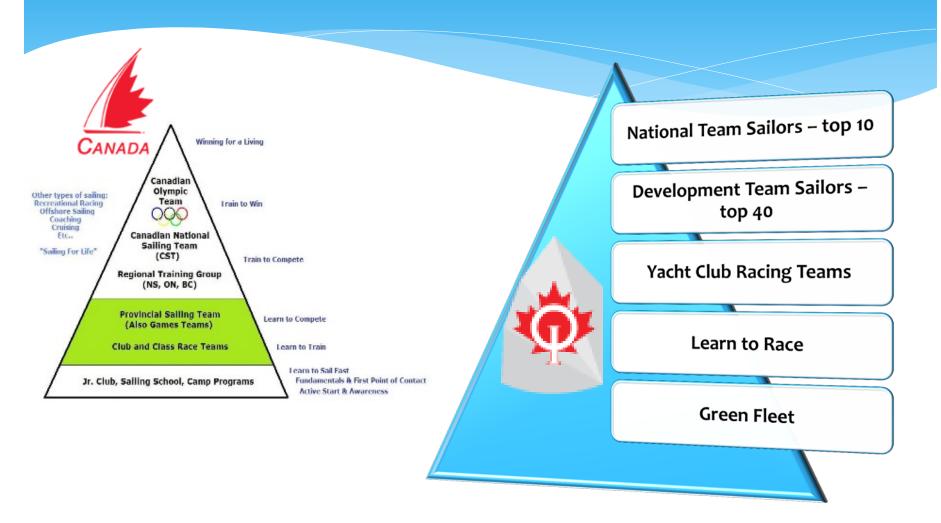
CODA grants for coach development.

Coach mentoring program. (SailCan, Provincial and regional level)



CODA International Teams

"A coach driven program where exposure matches readiness of sailor"





CODA Opti Coaches Pathway

'structure where knowledge is shared, mentoring is available and excellence is rewarded'

Free CODA membership to all coaches

Regional coach reps act as mentors to YC

Coach Liaison reports to CODA exec.

High
Performance
Coach Mentor
(SailCan
development
coach)

Coaches
committee
advisory role to
International
Team
Committee



